

# **Scottish Alpine Ski Team**

## **Selection for 2010/2011**

Logos of team and snowsport Scotland

This document will identify a clear selection criteria for entry to the Scottish Alpine Ski Team 2010/ 2011. It is in agreement with other Home nations so we can continue to have a performance pathway for our athletes.

## **Contents**

### **Selection guidelines for 2010/2011**

1. Introduction
2. Aim
3. Overview
4. Formation and members of selection committee
5. Code of conduct
6. Selection status
7. Injury status

## **Appeals process**

### **Information on the Scottish Alpine Ski Team & Snowsport Scotland**

1. Description
2. Costs
3. Dates
4. Snowsport Scotland Management

## **Appendix**

1. Selection Policy
2. Target Matrix found on *www.britski.org*
3. Scottish Alpine Ski Team Application Form 2010/2011

If you are wanting to be considered for selection to the Scottish Alpine Ski Teams you must have your application form to the snowsport Scotland offices by **Friday 16<sup>th</sup> April 2010**

## **Introduction**

The Scottish Alpine Ski Team is a structured development programme to support selected athletes to compete on an international stage for GB and Scotland. Athletes must commit to developing their fitness technical skills and to be motivated to succeed. It is vital that there is support from parents and coaches but it's also essential that athletes have a strong work ethic to realize their potential in the team.

## **Aim**

The aim of this document is to identify the selection criteria and the process of selection to the Scottish Alpine Ski Teams. Criteria are laid out within the age group categories as defined by the International Ski Federation (FIS) and identified within this document.

The aim of this policy is to outline a clear selection process within the athlete performance pathway

## **Overview**

The GB selection policy will be implemented for the Scottish Ski Team to ensure all the home Nations have a standardized procedure for selection through to the GB team. There are various elements to the selection criteria and these are summarised in Table 3 from the GB selection Policy.

## **GB Fitness Tests**

Fitness test will take place on **Sat 8<sup>th</sup> May 2009 at Edinburgh's Telford College**. If an athlete cannot attend or does not achieve the required fitness he/she will be selected on transitional status only until he/she has successfully passed the test.

## **GB FIS Point Matrix** (Appendix B)

This shows the points athletes need to achieve to be selected at each performance level

## **GB Time Trials**

This is planned to take place on in Meribel / Mottaret. (More **information** will be given out in the resort at a team captains meeting)

This will be for last year CH II and 1st year Junior athletes.

### **Technical Skills Assessment Test or Assessment Video**

This is planned to take place in Meribel / Mottaret or Courchevel. (More **information** will be given out in the resort at a team captains meeting)  
This will be for last year CH II and 1st year Junior athletes.

### **GB Selection Performance Profile** (For athletes already on Home Nation Team)

This will be completed by National Team coaches

### **Formation and Members of Selection Committee**

The Chairman of the Selection Committee may invite others with specialist knowledge to contribute for part of a meeting depending on the availability of the individual members and the specific areas for which it is selecting.  
Committee members should be free from external conflicts of interest in the selection process.

#### Snow sport Scotland Selection Committee

Chairman	Jane Harvey
Performance Director	Gareth Trayner
Performance manager	Ross Gardner
Athlete Representative	Neil Walker
Childrens Representative	Lynn Sharp

### **Code of Conduct**

All Team members will be required to sign and abide by a code of conduct. This document will be issued with offers of selection.

### **Selection Status**

The Scottish Teams will be selected from the GB policies and will consist of 3 teams. Full time team, Part time team and Collegiate team  
Athletes who have just missed selection criteria but have shown potential will be invited to join the team on a trial basis with a decision on full selection being made after the October Camp

### **Injury Status**

Each Scottish Athlete who suffers an injury and has successfully applied for injury status as defined by section 4.6 of the rules of FIS points will be given a conditional re-selection to the Scottish Alpine Ski Team.

## **Appeals Process**

The Snowsport Scotland appeals processes are structured to conform to UKSport guidelines.

All appeals must be made in writing, with accompanying evidence and additional information to the Snowsport Scotland office at

Snowsport Scotland,  
Caledonia House  
South Gyle  
Edinburgh  
EH12 9DQ

For Scottish Team selection, appeals must be made within 7 days of the announcement of the teams. Publication will take place on the 23<sup>th</sup> April 2010, so appeals must be received on or by 30<sup>th</sup> April 2010.

All appeals will be considered on an individual basis. Appeals will first be reconsidered by the original selection committee, who will explain their reasons for the decision to the athlete. If the athlete is not happy with the process or the outcome of the selection committee's final decision, then the athlete may opt to refer the matter to an internal appeals committee. The Snow sport Scotland appeals chairman will constitute an internal appeal's committee made up of at least three people, who did not sit on the original selection committee.

If the dispute remains unresolved, it will be submitted for an exclusive, final and binding determination to the Sports Dispute Resolution Panel (SDRP). Snow sport Scotland understands that both parties will undertake and to execute in good faith any decision of the SDRP.

## **Information on the Scottish Alpine Ski Team & Snow sport Scotland**

The Scottish Alpine Ski Team Programme is a performance pathway to support talented athletes to progress their skills, fitness and work ethic towards individual athletes maximizing their potential and achieving progression to the GB team and international competition.

The program induction meeting will take place on 8<sup>th</sup> May at Edinburgh's Telford College where the Snowsport Scotland Management will give a presentation of the following components of the programme:-

1. Fitness tests/ fitness programme (2010/2011)
2. Full-time and part-time programme for 2010/2011
3. Programme costs a draft financial outline for core/etc.
4. Educational support opportunities
5. Scottish Alpine Management Group

At the programme induction the National Performance Manager will overview the programme and there will be opportunity for parents/athletes to raise individual training needs.

The main aim is to identify and support the best route to success for the Scottish Athletes selected on to our team.

**Table 3. Scottish Home nations team Selection policy**

**Year FIS is defined as the year of FIS registration that Athletes will be entering the following year.**

Year FIS	Minimum number of criteria	Team	UKSS FIS Points Matrix levels and number of disciplines for average	Time Trials (Maximum %age behind fastest time)	Disciplines ahead of the Path to Podium	Technical Skills Assessment	Cycle Ergo meter Tests	Field Tests (Min average Level)
1 <sup>st</sup> Year FIS	2		N/A	13% <i>(mandatory)</i>	N/A	30%	Max W/BWkg	Level 3
	2	Scottish	N/A	8% <i>(mandatory)</i>	N/A	40%	Max W/BWkg	Level 3
2 <sup>nd</sup> Year FIS	2	B Status	Level 7 for 2	10% <i>(mandatory)</i>	N/A	40%	Max W/BWkg	Level 3
	3	A status	Level 5 for 2	6% <i>(mandatory)</i>	N/A	50%	Max W/BWkg	Level 3
3 <sup>rd</sup> Year FIS	2	B Status	Level 7 for 2	9% <i>(mandatory)</i>	N/A	N/A	Max W/BWkg	Level 3
	3	A status	Level 5 for 2 <i>(mandatory)</i>	4% <i>(mandatory)</i>	N/A	N/A	Max W/BWkg	Level 3
4 <sup>th</sup> Year FIS	2	B status	Level 6 for 2 <i>(mandatory)</i>	N/A	N/A	N/A	Max W/BWkg	Level 3
	2	A status	Level 5 for 2 <i>(mandatory)</i>	N/A	N/A	N/A	Max W/BWkg	Level 3
5 <sup>th</sup> Year FIS	2	B status	Level 6 for 2 <i>(mandatory)</i>	N/A	N/A	N/A	Max W/BWkg	Level 3
	2	A status	Level 5 for 2 <i>(mandatory)</i>	N/A	N/A	N/A	Max W/BWkg	Level 3



Scottish Ski Team Application Form  
 Please return to Snowsport Scotland via email by Friday 16<sup>th</sup> April  
 info@snowsportscotland.org

<b>Athlete Name</b>		
<b>Date Of Birth</b>		
<b>Sex</b>	<b>Male</b>	<b>Female</b>
<b>FIS No.</b>		
<b>Club</b>		
<b>Athletes Phone No.</b>		
<b>Athletes Email</b>		
<b>Coach</b>		
<b>Coach Contact</b>		
<b>Name of Parent/ gardian</b>		
<b>Parent/Gardian Phone No.</b>		
<b>Parent/ Gardian Email</b>		

**Please give details of the top 3 results in each discipline**

<b>Discipline</b>	<b>DH</b>	<b>Slalom</b>	<b>GS</b>	<b>SG</b>

**If you can provide a coaches report along with this application and any other relevant information**

**You will be contacted by the 23<sup>th</sup> April and successful applicants will be expected to attend the first welcome day/testing in Edinburgh on the 8<sup>th</sup> May**