

Snowsport Scotland Alpine Ski Team Selection Procedure

The primary aim of the Scottish Alpine Ski Team is to provide a quality programme for talented FIS level athletes in the Scottish Part-Time team through the Scottish full-time team and into the British Ski Team. Therefore overall selection policy has been brought together with the other Home-Nations under the Snowsport GB selection policy.

This unified policy is helping to provide a clear performance pathway of selection standards that will support the progressive development of our athletes within a structured framework. To achieve this, the programme concentrates on promoting solid technical skiing, high levels of fitness in addition to lowering FIS points. The selection criteria is primarily based around these 3 main elements, especially in the Junior 1 category.

Purpose

The purpose of this document is to set out a fair procedure and criteria for selection to the various national team levels in Scottish Alpine Skiing. These are in agreement with Snowsport GB and fall in line with the Snowsport GB selection criteria.

Selection Committee

The Selection Committee comprises of three persons:

Snowsport Scotland Performance Director (as Chairman)	Duncan Freshwater
Snowsport Scotland Alpine Head Coach	Sam Liddell
An independent member/coach to represent the interests of athletes	Chris Park

The Chairman of the selection committee may invite others (if necessary), with specialist knowledge, to contribute for part of a meeting depending on the availability of individual members.

Remit

The selection committee is appointed by the Snowsport Scotland board and is tasked to select the Scottish Alpine Ski Team for the Full-time, Part-time and Collegiate categories.

The selected team will then be passed through to the Snowsport GB selection panel for ratification and programme placement.

The selection committee will also select Scottish collegiate athletes to be nominated to compete in the World Student Games. They will agree standards with the British University Sports Association (BUSA) for the World Student Games and propose athletes based on those standards to the BUSA, who will then select the British University Team.

Application Forms and time scales

All athletes wishing to be considered for selection to the Scottish Alpine Ski Team should complete the selection application form and return it to the Snowsport Scotland office no later than **21 April 2006**.

- 1 May 2006 The selection process will be completed
Athletes will be invited to join the team immediately thereafter.
- 9 May 2006 Deadline for appeals to be submitted to the Snowsport Scotland office.
- 16 May 2006 Acceptance of team selection needs to be made

The application form can be seen at: www.snowsportscotland.org or Snowsport Scotland's office. If you have any questions then please do not hesitate to contact us on 0131 445 4151 or info@snowsportscotland.org.

SCOTTISH ALPINE SKI TEAM - SELECTION POLICY 2006-2007

Team Commitment & Status

Participation in the Scottish Alpine Ski Team requires a significant financial and life-style commitment from both the athletes and parents in order to operate successfully. To accept a position on one of the Scottish Alpine Ski Teams, athletes must commit to a programme agreed by the coach and the athlete or parent. All athletes must sign the athlete's agreement, which includes a code of conduct.

Team status is for one Alpine year (May to April) and is not affected by programme inclusion / exclusion. Team status may be removed during disciplinary procedures as detailed in the Scottish Ski Team athlete's agreement.

Injury Status

Every athlete who suffers an injury and has successfully applied for injury status as defined by section 4.6 of the rules of FIS points will be given time to recover full fitness before being considered for reselection to a team. They will be given opportunity through conditional selection to prove that they will be able to meet the selection criteria, and take up or continue their position on their performance pathway. The injured athlete will be required to produce a medical certificate from the relevant consultant and physiotherapy report passing them fit to re-join the programme.

Athletes who have suffered injury and do not qualify for the injury status as defined by section 4.6 of the Rules of FIS points will not be given automatic conditional re-selection to the Scottish Ski Team.

Each case will be considered individually, and there will be no automatic reselection.

Appeals Process

The Snowsport Scotland appeals processes are structured to conform to UKSport guidelines. All appeals must be made in writing, with accompanying evidence and additional information to the Snowsport Scotland office.

For Scottish Team selection, appeals must be made within 7 days of the announcement of the teams as detailed on page 1 of this document.

All appeals will be considered on an individual basis. Appeals will first be reconsidered by the original selection committee, who will explain their reasons for the decision to the athlete. If the athlete is not happy with the process or the outcome of the selection committee's final decision, then the athlete may opt to refer the matter to an internal appeals committee.

The Snowsport Scotland appeals chairman will constitute an internal appeal's committee made up of at least three people, who did not sit on the original selection committee.

If the dispute remains unresolved, it will be submitted for an exclusive, final and binding determination to the Sports Dispute Resolution Panel (SDRP). Snowsport Scotland understands that both parties will undertake and execute in good faith any decision of the SDRP.

SCOTTISH ALPINE SKI TEAM - SELECTION POLICY 2006-2007

Selection Criteria & Guidelines for 2006-2007

1.1 Introduction

The Scottish Alpine Ski Team selection policy is integrated with Snowsport GB selection policy and has the same requirements as the other Home-Nation teams. This is to promote a clear performance pathway from children to senior age groups. Therefore all the Home-Nations select within a unified structure to promote fair selection of athletes on the full time home nations team provided by Snowsport GB and improve overall performance levels.

The Scottish Alpine Ski Team exists to identify and develop ski-racers with the potential to compete at the highest international level.

The aim of the selection process is to identify the athletes who merit and want inclusion into the Scottish Alpine Ski Team training and racing programme. The aim of the programme is to develop the technical, physical and mental skills necessary for progression into the Home Nations Development programme and the British Junior Team in years 3, 4 or 5 of Junior FIS racing. We emphasise that the priority in these early years of FIS racing is to lay solid foundations for later competition success.

The Scottish Alpine Ski Team will provide racing and training programmes for FIS Junior and Senior athletes to achieve this aim within the constraints of budget and educational commitments.

1.2 Athlete's Agreement

All team athletes will be required to sign and abide by a code of conduct and Financial Deed of Guarantee. These documents will be issued with offers of selection.

1.3 Selection Status & Programme Entry

There are four levels of selection.

Only athletes selected with A Status are eligible for the full time team.

	A Status	B Status	Nominal 'C' Status	Senior
Full Time (HN Development Team)	Yes	No	No	Yes
Part-time Team	Yes	Yes	Invited	Yes

A Status

This status entitles athletes to join either the full or part time programmes.

B Status

This status entitles athletes to join the part-time programme.

Nominal 'C' Status

This status is for athletes that just miss selection standards but have shown potential. These athletes are decided at the selector's discretion and have been highlighted as potential team members of the future. These are not official Scottish Alpine Ski Team members but instead are given an opportunity to train and race with the programme, based on performance and if space permits. Snowsport GB does not recognise athletes with C Status and therefore no priority is given to them when entering FIS races.

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Senior Home-Nations Team

This status entitles athletes to join either the full-time programme or part-time programme depending on educational commitments.

1.4 Selection Overview

Selection will follow the Snowsport GB Selection Policy (available from SSGB). Athletes who wish to train on a full-time basis will be eligible to train with the Home-Nations Development Programme only if they reach the selection criteria outlined in the Snowsport GB selection document. There are various elements to the selection criteria and these are summarized in table 2 from the Snowsport GB selection policy.

Criteria A: Snowsport GB FIS point matrix (Appendix A)

The matrix is based on the average points of the best 10 skiers in the world by year of birth. This in turn is averaged with the previous year's matrix. Criteria is based on the levels of percentage behind this average. These levels are calculated using the final FIS list produced at the start of May. These points show the FIS points required to reach each performance level.

Criteria B: Snowsport GB Time Trials

This will be for last year CH II and 1st and 2nd year Junior athletes.

The time trials will be scheduled during the British Junior and Children's Championships in Meribel.

Criteria C: Snowsport GB Technical Skills Assessment Video

This is for last year CH II and 1st year Junior athletes.

Technical skill assessment video must be submitted to the National Team Coach by the final day of the British Children's Championships.

Criteria D: Snowsport GB Fitness Field & Ergometer Testing

(see Snowsport GB Selection Policy appendix A.3)

Criteria E: Performance Profile, Coach's Report, Consistency and Improvement

Performance Profile is for current national team members. If this is unavailable a current coach's report may be used. Consistency of form and a regular rate of improvement in results are generally the strongest arguments for selection. One off results will be considered in context as far as possible.

This criteria is used for athletes that are close to selection standards.

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Extract from Table 3 & 5 Snowsport GB Selection Policy (full policy available from SSGB)

Year FIS is defined as the year of FIS registration that Athletes will be entering the following year.

			Criteria A	Criteria B	Criteria C	Criteria D	
Year FIS	Minimum number of criteria	Team	Minimum average level on SnowsportGB FIS Points Matrix and number of disciplines for average	Time Trials (Maximum %age behind fastest time)	Technical Skills Assessment	Cycle Ergo meter Tests	Field Tests (Min average Level)
1st Year FIS	2	HN B team	N/A	12% <i>(mandatory)</i>	30%	N/A	Level 5
	2	HN A team	N/A	8% <i>(mandatory)</i>	40%	N/A	Level 4
2nd Year FIS	2	HN B team	Level 7 for 2	9% <i>(mandatory)</i>	40%	N/A	Level 5
	3	HN A team	Level 6 for 2	6% <i>(mandatory)</i>	50%	N/A	Level 4
3rd Year FIS	2	HN B team	Level 7 for 2	8% <i>(mandatory)</i>	N/A	N/A	Level 5
	3	HN A team	Level 6 for 2 <i>(mandatory)</i>	4% <i>(mandatory)</i>	N/A	N/A	Level 4
4th Year FIS	2	HN B team	Level 7 for 2 <i>(mandatory)</i>	N/A	N/A	N/A	Level 5
	2	HN A team	Level 6 for 2 <i>(mandatory)</i>	N/A	N/A	Max W/BWkg	Level 4
5th Year FIS	2	HN B team	Level 7 for 2 <i>(mandatory)</i>	N/A	N/A	N/A	Level 5
	2	HN A team	Level 6 for 2 <i>(mandatory)</i>	N/A	N/A	Max W/BWkg	Level 4
Senior	2	HN Senior team	Level 6 for 2 <i>(mandatory)</i>	N/A	N/A	Max W/BWkg	Level 4

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FIS Point Matrix at a glance

(Extracted from Snowsport GB FIS Matrix 2006-2007, see appendix for full matrix)

Men YOB	Slalom		Giant Slalom		Super-G		Downhill	
	Lvl 6	Lvl 7	Lvl 6	Lvl 7	Lvl 6	Lvl 7	Lvl 6	Lvl 7
90	110.24	124.64	138.11	158.99	176.80	202.00	n/a	n/a
89	92.27	105.47	119.60	138.74	153.61	176.71	197.89	226.93
88	79.55	91.55	103.85	121.25	130.98	151.98	169.71	196.11
87	69.91	80.71	92.70	108.36	118.75	137.65	146.10	169.86
86	60.89	70.49	83.42	97.34	107.77	124.57	132.07	153.19
85	54.62	63.02	74.96	87.14	96.11	110.81	117.69	136.17
84	49.37	56.57	67.78	78.22	84.64	97.24	106.66	122.50

Women YOB	Slalom		Giant Slalom		Super-G		Downhill	
	Lvl 6	Lvl 7	Lvl 6	Lvl 7	Lvl 6	Lvl 7	Lvl 6	Lvl 7
90	95.38	109.78	121.72	142.60	152.52	177.72	n/a	n/a
89	81.07	94.27	108.13	127.27	132.96	156.06	175.24	204.28
88	71.02	83.02	96.68	114.08	117.34	138.34	152.69	179.09
87	61.22	72.02	86.73	102.39	105.09	123.99	136.16	159.92
86	54.57	64.17	78.65	92.57	94.48	111.28	120.40	141.52
85	49.49	57.89	71.56	83.74	85.33	100.03	106.24	124.72
84	45.66	52.86	65.24	75.68	77.25	89.85	96.56	112.40

Notes: re Tables above

- A 2.0 FIS point 'buffer zone' may be used to further consider athletes that are either just inside or just outside the criteria. Athletes within the buffer zone may be included or not included according to criterion A to E above.
- 3rd and 4th Year athletes may be selected provisionally with the requirement to meet the base limits on the SnowsportGB Cycle Ergometer test protocol performed at the Olympic Medical Institute.

2006-2007 Scottish Alpine Ski Team training and race programme

2.1 Description

Training for success at FIS Junior level requires a far greater degree of commitment and expense than at children's level. Equipment and training requirements become more specific and demanding.

Technical training, free skiing and fitness and conditioning need to be strongly addressed in the summer and autumn periods. This is the most important part of the programme. Time taken to work on the underlying technical and physical basics involved with skiing is fundamental to long-term athlete development. There are no quick fixes. Therefore the summer and autumn periods are crucial for development and the value of quality time on snow cannot be understated.

At this period in young athlete development the balance between technical training and racing is difficult to get exactly right. A common error is to become preoccupied with racing, forsaking on-going technical training that makes success in the longer term far more likely. Our training opportunities are relatively rare and so the only major time we have for improvement is during the summer and autumn months. While technical training does continue into the competitive period the opportunities for technical improvement are far shorter.

Our overall aim is to have enough races to ensure steady improvement of FIS points and progression along the development pathway.

2.2 Part time programme

For the majority of younger FIS athletes it will only be possible to follow a part time programme. This will need to be tailored around educational commitments and other constraints. While every effort is made to make sure that camps fit around the school breaks it may be necessary to take time off from school.

We intend to run a continuous programme of activity throughout the year with ongoing physical training and assessments during time off snow.

2.3 Full Time Programme

The Home Nations Development Team is managed by Snowsport GB and is a full time year round programme. This is intended for athletes who have minimal or few educational commitments. A large part of the year will be spent away from home, racing and training in Europe, based at the BOA centre in Lofer, Austria.

2.4 Collegiate Programme

There is no specific Collegiate team or programme. An individual programme based around the current programmes and educational commitments of the athlete should give the athlete an opportunity to continue their progress while in full-time education.

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British University Sports Association (provisional) Selection Policy to

World Student Winter Games.

Staged every two years on odd years. E.g. 2005(Turin, Italy), 2007(tbc), 2009(tbc)

Schedule of Universidad Qualification Requirements.

Alpine Skiing

1. A maximum of 6 athletes from each National Organising Committee may compete in each of the following disciplines:
Men and Women - Downhill, Super-Giant Slalom, Giant Slalom, and Slalom. The Combined result is determined from these results.
2. Only those male and female competitors with less than 90 FIS points in two disciplines (one must be technical) on the FIS Points List out in November immediately preceding the Universidad will be eligible for selection.
3. The BUSA will consider eligible for selection athletes who have met the agreed selection criteria for an Alpine discipline however would prefer athletes to compete in all four disciplines once at the Universidad.
4. There will be no restriction on where results were achieved.
5. Athletes qualified under point 2 above in the season preceding the Universidad are required to achieve and/or maintain the training and/or competition performance requirements set by the Head Coach for the season of the Universidad, to confirm current form, fitness and/or consistency.