

ENGLAND ALPINE SKI TEAM

SELECTION FOR 2006 / 07



The following pages outline the selection criteria and considerations that Snowsport England intends to apply for England Alpine Team selections 2006-07. These are in agreement with Snowsport GB and follow the selection policy of Snowsport GB.

The following sections are included.

1. Selection guidelines for 2006-07

- 1.1 Introduction
- 1.2 Selection Overview
- 1.3 Code of Conduct
- 1.4 Selection Status
- 1.5 Notes

2 Appeals Process

3 2006-7 Training and Race programme

- 3.1 Description and brief overview
- 3.2 Dates
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- 3.4 Organisation and Management

4 Appendix

- a. Snowsport GB Target Matrix Ladies and Men
- b. England Alpine Team application form 2006/7

Participation in the England Team programme requires a significant commitment from both the athletes and parents in order to operate successfully. Parental support to the team's activities (such as assisting in logistics or as a house parent on camps) helps to reduce the overall expense of running camps.

The overall aim of the team is to produce athletes that will go on to the Home Nations full time team and the British Team. To achieve this athletes need to have technically sound skiing, high levels of fitness in addition to low FIS points. This is why the selection criteria has different elements to it.

All athletes wishing to be considered for selection to the England Alpine Ski team, or wishing to train/race with the team by invitation should complete the selection application form and the required selection

- Snowsport England Office (details shown below)
- As a PDF file download from <http://www.englishskiteam.org>

Completed forms must be received by the Snowsport England Office by **21st April 2006**

If you have any questions please do not hesitate to contact us.

TBA
Tim Fawke

(Chairman of Selectors)
(Alpine Team Coach)

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1. Selection Guidelines for 2006 –7

1.1 Introduction

The selection policy is integrated with Snowsport GB Selection Policy and has the same requirements as the Scottish Team Selection Policy. This is so all the Home Nations have the same selection policy and a fairer selection can be done for athletes on the full time home nations team which is run by Snowsport GB. It will also show a clear pathway from Children to Senior age groups; which is important in helping raise performance levels.

The England Alpine Team exists to identify and develop ski-racers with the potential to compete at the highest international level.

The aim of the selection process is to identify the athletes who merit and want inclusion in the England Alpine Ski Team training and racing programme. The aim of the programme is to develop skiers for selection to the Home Nations Development Programme and the British Junior Team in year 3, 4 or 5 of Junior FIS Racing. We emphasise that the priority in these early years of FIS racing is to lay the technical foundations for later competition success.

The England Team will provide a racing and training programmes for FIS Junior and Senior athletes to achieve this aim within the constraints of budget and educational commitments.

1.2 Selection Overview

Selection will be done with the Snowsport GB Selection Policy (available from SSGB). This is so all the Home nations have the same selection criteria. Athletes that want to train full time will be eligible to train with the Home Nations Development Programme only if they reach selection criteria outlined in the Snowsport GB Selection document. There are various elements to the selection criteria and these are summarised in Table 2 from the Snowsport GB selection Policy.

1.2.1 Snowsport GB Fitness Tests (These will be carried out after selection at the end of May)

1.2.2 Snowsport GB FIS point matrix (Appendix a)
This shows what points the athletes need to obtain for which performance level

1.2.3 Snowsport GB Time Trials

- This will be for last year CH II and 1st and 2nd year Junior athletes.
- These will take place in Meribel during the British Junior and Children's Championships

1.2.4 Snowsport GB Technical Skills Assessment Video

- This will be for last year CH II and 1st year Junior athletes.
- Technical skill assessment video must be submitted to the National Team Coach by the final day of the British Children's Championships.

1.2.5 Snowsport GB Selection Performance Profile (For athletes already on Home Nation Team)

- This will only be completed by National Team coaches

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1.2.6 Formation and Members of Selection Committee

The Chairman of the Selection Committee may invite others with specialist knowledge to contribute for part of a meeting depending on the availability of individual members and the specific areas for which it is selecting.
Committee members should be free from external conflicts of interest in the selection process.

Snowsport England Selection Committee

Chairman TBA
England Alpine Team Head Coach
England Alpine Team Assistant Coach
Club Representative
Children Representative

From Snowsport GB Selection Policy

**Table 3. Snowsport GB British Youth Team Performance Criteria:
Home Nations Youth Team / Home Nations Junior Team Performance Criteria:**

Year FIS is defined as the year of FIS registration that Athletes will be entering the following year.

Year FIS	Minimum number of criteria	Team	Minimum average level on Snowsport GB FIS Points Matrix and number of disciplines for average	Time Trials (Maximum %age behind fastest time)	Technical Skills Assessment	Cycle Ergo meter Tests	Field Tests (Min average Level)
1 st Year FIS	2	HN B team	N/A	12% (mandatory)	30%	N/A	Level 5
	2	HN A team	N/A	8% (mandatory)	40%	N/A	Level 4
2 nd Year FIS	2	HN B team	Level 7 for 2	9% (mandatory)	40%	N/A	Level 5
	3	HN A team	Level 6 for 2	6% (mandatory)	50%	N/A	Level 4
3 rd Year FIS	2	HN B team	Level 7 for 2	8% (mandatory)	N/A	N/A	Level 5
	3	HN A team	Level 6 for 2 (mandatory)	4% (mandatory)	N/A	N/A	Level 4
4 th Year FIS	2	HN B team	Level 7 for 2 (mandatory)	N/A	N/A	N/A	Level 5
	2	HN A team	Level 6 for 2 (mandatory)	N/A	N/A	Max W/BW/kg	Level 4
5 th Year FIS	2	HN B team	Level 7 for 2 (mandatory)	N/A	N/A	N/A	Level 5
	2	HN A team	Level 6 for 2 (mandatory)	N/A	N/A	Max W/BW/kg	Level 4

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	<i>World Cup Results</i>	<i>World Cup Points trends (over 3 years)</i>	<i>Europa Cup Results</i>	<i>Europa Cup Points trends</i>	<i>Current FIS Performance levels (SnowsportGB FIS point Matrix)*</i>
HN Senior Team	N/A	N/A	N/A	N/A	Minimum Level 6 for 2 disciplines
British Senior Team	1 x Top 30	+ ve over 3 year period*	2 x top 10	+ve over 3 year period*	Minimum average: 2 for 1 discipline 3 for 2 disciplines 4 for 3 disciplines

1.3 Code of Conduct and Disciplinary Procedure

All Team athletes will be required to sign and abide by a code of conduct. This document will be issued with offers of selection.

1.4 Selection Status

There will be 3 levels of selection. Only athletes selected to the A Team are eligible for the Full Time Team.

A Status

- As per table 3 in Snowsport GB selection policy

B Status

- As per table 3 in Snowsport GB selection policy

C Status

- Athletes that just miss selection criteria and have shown potential. Decided by the selector's discretion.

Please note: - Snowsport GB does not recognise C status, so therefore athletes with C status will not get priority when entering FIS races or be eligible for the Home Nations Development Team.

ITT Status (Invited to train)

The opportunity to train and race in the programme will be extended to other athletes close to the selection criteria as available space permits. Places will be offered on races camps during the season as space permits and in order of merit.

1.5 Notes

• Consistency and improvement

Consistency of form and a regular rate of improvement in results are generally the strongest arguments for selection. One off results will be considered in context as far as possible.

• Performance Potential

Athletes showing potential and ability not supported by evidence of performance will be invited to train with the team on a trial basis, and may subsequently be offered team status

• Injury

Historic results from the season 2004-5 may also be taken into account for athletes who have been unable to compete a full season in 2005-6 as a result of injury.

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2.0 Appeals Procedure

The Snowsport England appeals processes are structured to conform to UK Sport guidelines. All appeals must be made in writing, with accompanying evidence and additional information to the Snowsport England office.

For English Team selection, appeals must be made within 2 weeks following the Selection Panel's announcement of the teams.

All Appeals will be considered on an individual basis. Appeals will first be reconsidered by the original selection committee, who will explain their reasons for the decision to the athlete. If the athlete is not satisfied with the process or the outcome of the Selection Committee's final decision, then the athlete may opt to refer the matter to an internal Appeals Committee.

The Snowsport England Appeals Chairman will constitute an internal Appeal's Committee made up of at least three people, who did not sit on the original Selection Committee.

If the dispute remains unresolved, it will be submitted for an exclusive, final and binding determination to the Sports Dispute Resolution Panel (SDRP). Snowsport GB understands that both parties will be willing to undertake and to execute in good faith any decision of the SDRP.

2006-7 Training and Race Programme

3.1 Description

Training for success at FIS Junior level requires a far greater degree of commitment and expense than at Children's level. Equipment and training requirements become more specific.

Technical training, fitness and conditioning programmes need to be strongly addressed in the Summer and Autumn periods. This is the most important part of the programme.

Summer and Autumn are crucial for development and the value of quality time on snow at this time of year can not be understated. A competitive peer group environment is essential.

In the competitive season, racing at FIS level involves extensive travel and time off school is often required. At this time the balance between racing and training is difficult to get exactly right. A common error is to become preoccupied with racing, forsaking on-going technical training that makes success in the longer term far more likely. Our training opportunities are relatively rare. It is important to make the most of them, and to maintain momentum in the training programme.

Our overall aim is to have enough races to ensure steady improvement of FIS points, and progression towards the British Team Selection levels.

Part Time Programme

For the majority of English Junior races it will only be possible to follow a part time programme. This will need to be tailored to fit in with the educational commitments and other constraints.

Athletes will not necessarily be expected to take up every part of the programme, but to use the programme to as great an extent as possible. There are compulsory elements to the programme which are as follows:

- Fitness tests (2 per season)
- A minimum of 4 training weeks with the England Alpine Ski Team.

If an athlete is intending to follow elements of his or her own programme and taking some of their training elsewhere, then their programme will need to be submitted to the Head Coach by June 16th 2006 with details relating to their attendance or non attendance at each camp.

Athletes who are intending to take our programme will be required to commit to future camps soon after selection in order to effectively plan the calendar. Payment for the camps will need to be made one month before departure

We intend to run a continuous programme of activity throughout the year, which is outlined on the following page.

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Full Time Programme

The Home Nations Development Team is run by Snowsport GB and is a full time year round programme. This is intended for athletes who have minimal or few educational commitments and can commit to more training and racing activities. This will be based at the BOA centre in Lofer, Austria. The details of athletes selected to this programme will be passed on to the relevant coaches

3.2 Programme Outline

The following is an outline of the type of programme that we intend to run.

Venue	Dates	Duration	Training Focus
Loughborough	May	1 day	Fitness test 1
TBC – Army base?	May/June	weekend	Fitness Training and team building
TBC	May/June	weekend	Jo Ephinston, Body alignment, core work TBC
Alpine resort Les 2 Alpes/Saas Fee	July/August	4 weeks	On snow technical training, fitness training
MK - Xscape	Sept/Oct	weekend	Technical work, fitness training
Alpine resort Saas Fee	Oct	2 weeks	On snow technical training
Loughborough	Sept	1 day	Fitness test 2
Loughborough	Nov	1 day	Fitness test 3
Norway	Dec/Jan	4 weeks	Training and Racing camp
TBC	Jan - March	Long weekends	Racing camps
Scandinavia	Feb	10 days	Racing camp
TBC	March	1 week	Training week
Race venues	March TBC	1 week	British Senior Champs
Race venues	March/April TBC	1 week	British Junior Champs
Race venues	March/April TBC	1 week	English Champs

BREAK DOWN APPROX 80 DAYS TRAINING; 20-30 DAYS RACING

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3.3 Costs

There are four contributors to the cost of the overall programme

- Individual athletes contribution
- Talented Athletes Sports Scholarship funding
- Snowsport England Alpine Racing Committee Budget
- Sponsors + Fundraising Activities

The charging will be on the same basis as season 2005/06 with an initial Coaching Fee to be paid in 2 instalments in June and October. The primary purpose of this is to guarantee the contracting of the Head Coach; so ensuring high quality coaching for the Team throughout the season. It is expected that the cost will be the same as last year (£1100). However this is still to be confirmed and final details will be included in the offers of selection.

NB Any England Team athlete that is selected to the Home Nation Development Team (full time team) will not have to pay the coaching fee to Snowsport England as they will pay all their bills through Snowsport GB

Camp prices will vary as the actual basic expense cost of the camps is slightly different. Each camp is costed according to the anticipated expenditure and the costs will be provided as early as possible in advance of the camp. The estimated costs of all of the part time programme activities is in the region of £7500

Athletes who qualified for TASS funding in 2005/6, received funding which went to provide part of their contribution to their coaching fees. TASS funding has not been confirmed for 2006/7, however Snowsport England is working with Snowsport GB and TASS and hopefully will be able to confirm the application process before the end of March 2006.

Snowsport England is continually looking for sponsors and additional revenue sources which will be added to the central budget to reduce the cost of the programme. The support of the athletes and parents in finding sponsors and supporting fundraisers all helps to reduce the actual athlete cost of the programme. If you are able to offer support or ideas please contact Muriel Ryding through the SSE Office.

The overall cost of participation is expected to be the same as this years programme.

3.4 Programme Organisation and Management

The part time programme is run on a camp by camp basis. Camps will usually be run if there is demand of at least 6 athletes to each coach. This ensures some degree of cost efficiency. Most of our communication is by email.

The programme, coaching, management and administration is financed from the England Team budget. Camp expenses, including the cost of vehicles are met in part by contributions from the athletes and where possible a subsidy from the England Team budget. Individual expenses such as hotels, food and lift pass paid at our best estimation of cost by contribution of a daily sum. Payment is taken for each athlete in advance of each camp. Camps will be costed with a small contingency fee, which can either be carried forward to the next camp, or refunded after the camp. England Team staff then pays all bills centrally when in resort or prior to departure.

The only exception to this is for flights to the continent. Flights are usually booked individually. On longer camps we will always try to take a house-mum with us. A contribution to the related expenses is then also required.

105		106		05/06 Average	Selection List 06 Targets							Ladies	F Factor
1989	Slalom	1990	Slalom	1991									600
Average	118.14	Average	155.80	136.97									Slalom: Oct 2005
1988	Slalom	1989	Slalom	1990	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7		100 sec race points
Average	36.88	Average	29.08	32.98	35.38	38.98	49.48	62.98	79.78	95.38	109.78		6
1987	Slalom	1988	Slalom	1989	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7		
Average	24.01	Average	20.52	22.27	24.67	28.27	38.47	51.07	66.67	81.07	94.27		6
1986	Slalom	1987	Slalom	1988	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7		
Average	15.29	Average	16.36	15.82	18.22	21.82	31.72	43.42	57.82	71.02	83.02		6
1985	Slalom	1986	Slalom	1987	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7		
Average	8.69	Average	10.56	9.62	12.02	15.62	25.22	36.02	49.22	61.22	72.02		6
1984	Slalom	1985	Slalom	1986	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7		
Average	5.74	Average	7.39	6.57	8.97	12.57	21.87	31.77	43.77	54.57	64.17		6
1983	Slalom	1984	Slalom	1985	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7		
Average	5.13	Average	5.05	5.09	7.49	11.09	20.09	29.09	39.89	49.49	57.89		6
1982	Slalom	1983	Slalom	1984	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7		
Average	4.90	Average	4.82	4.86	7.26	10.86	19.56	27.66	37.26	45.66	52.86		6
1981	Slalom	1982	Slalom	1983	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7		
Average	3.77	Average	4.44	4.10	6.50	10.10	18.50	25.70	34.10	41.30	47.30		6
1980	Slalom	1981	Slalom	1982	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7		
Average	3.54	Average	4.03	3.78	6.18	9.78	17.88	24.18	31.38	37.38	42.18		6
1978	Slalom	1980	Slalom	1981	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7		
Average	3.33	Average	3.53	3.43	5.83	9.43	17.23	22.63	28.63	33.43	37.03		6
1977	Slalom	1979	Slalom	1980	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7		
Average	3.33	Average	3.31	3.32	5.72	9.32	16.82	21.32	26.12	29.72	32.12		6
1976	Slalom	1978	Slalom	1979	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7		
Average	3.33	Average	3.28	3.30	5.70	9.30	16.50	20.10	23.70	26.10	27.30		6
1975	Slalom	1977	Slalom	1978	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7		
Average	3.26	Average	3.28	3.27	5.67	9.27	16.17	18.87	21.27	22.47	22.47		6
1974	Slalom	1976	Slalom	1977	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7		
Average	3.26	Average	3.28	3.27	5.67	9.27	15.87	17.67	18.87	18.87	18.87		6
1973	Slalom	1975	Slalom	1976	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7		
Average	3.22	Average	3.11	3.16	5.56	9.16	15.46	16.36	16.36	16.36	15.76		6

105		106		05/06 Average	Selection List 06 Targets							Ladies	F Factor
1989	Giant Slalom	1990	Giant Slalom	1991									870
Average	103.38	Average	111.92	107.65									Giant Slalom: Oct 2005
1988	Giant Slalom	1989	Giant Slalom	1990	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7		100 sec race points
Average	33.45	Average	29.03	31.24	34.72	39.94	55.16	74.74	99.10	121.72	142.60		8.7
1987	Giant Slalom	1988	Giant Slalom	1989	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7		
Average	25.51	Average	20.24	22.87	26.35	31.57	46.36	64.63	87.25	108.13	127.27		8.7
1986	Giant Slalom	1987	Giant Slalom	1988	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7		
Average	16.26	Average	17.02	16.64	20.12	25.34	39.69	56.66	77.54	96.68	114.08		8.7
1985	Giant Slalom	1986	Giant Slalom	1987	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7		
Average	12.43	Average	11.39	11.91	15.39	20.61	34.53	50.19	69.33	86.73	102.39		8.7
1984	Giant Slalom	1985	Giant Slalom	1986	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7		
Average	10.56	Average	7.54	9.05	12.53	17.75	31.24	45.59	62.99	78.65	92.57		8.7
1983	Giant Slalom	1984	Giant Slalom	1985	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7		
Average	8.17	Average	6.19	7.18	10.66	15.88	28.93	41.98	57.64	71.56	83.74		8.7
1982	Giant Slalom	1983	Giant Slalom	1984	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7		
Average	7.12	Average	5.04	6.08	9.56	14.78	27.39	39.14	53.06	65.24	75.68		8.7
1981	Giant Slalom	1982	Giant Slalom	1983	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7		
Average	4.60	Average	4.76	4.68	8.16	13.38	25.56	36.00	48.18	58.62	67.32		8.7
1980	Giant Slalom	1981	Giant Slalom	1982	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7		
Average	3.72	Average	3.82	3.77	7.25	12.47	24.21	33.35	43.79	52.49	59.45		8.7
1978	Giant Slalom	1980	Giant Slalom	1981	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7		
Average	3.51	Average	2.98	3.25	6.73	11.95	23.26	31.09	39.79	46.75	51.97		8.7
1977	Giant Slalom	1979	Giant Slalom	1980	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7		
Average	3.51	Average	2.97	3.24	6.72	11.94	22.82	29.34	36.30	41.52	45.00		8.7
1976	Giant Slalom	1978	Giant Slalom	1979	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7		
Average	3.47	Average	2.77	3.12	6.60	11.82	22.26	27.48	32.70	36.18	37.92		8.7
1975	Giant Slalom	1977	Giant Slalom	1978	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7		
Average	3.32	Average	2.77	3.05	6.53	11.75	21.75	25.67	29.15	30.89	30.89		8.7
1974	Giant Slalom	1976	Giant Slalom	1977	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7		
Average	3.32	Average	2.74	3.03	6.51	11.73	21.30	23.91	25.65	25.65	25.65		8.7
1973	Giant Slalom	1975	Giant Slalom	1976	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7		
Average	3.29	Average	2.47	2.88	6.36	11.58	20.72	22.02	22.02	22.02	21.15		8.7

105		106		05/06 Average	Selection List 06 Targets							Ladies	F Factor
1989	Super G	1990	Super G	1991									1050
Average	6065.36	Average	4096.75	5081.06									Super G: Oct 2005
1988	Super G	1989	Super G	1990	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7	100 sec race points	
Average	45.22	Average	41.42	43.32	47.52	53.82	72.19	95.82	125.22	152.52	177.72	10.5	
1987	Super G	1988	Super G	1989	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7		
Average	30.32	Average	29.81	30.06	34.26	40.56	58.41	80.46	107.76	132.96	156.06	10.5	
1986	Super G	1987	Super G	1988	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7		
Average	19.46	Average	22.03	20.74	24.94	31.24	48.57	69.04	94.24	117.34	138.34	10.5	
1985	Super G	1986	Super G	1987	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7		
Average	12.88	Average	16.70	14.79	18.99	25.29	42.09	60.99	84.09	105.09	123.99	10.5	
1984	Super G	1985	Super G	1986	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7		
Average	8.63	Average	12.32	10.48	14.68	20.98	37.25	54.58	75.58	94.48	111.28	10.5	
1983	Super G	1984	Super G	1985	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7		
Average	7.75	Average	7.52	7.63	11.83	18.13	33.88	49.63	68.53	85.33	100.03	10.5	
1982	Super G	1983	Super G	1984	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7		
Average	7.04	Average	4.67	5.85	10.05	16.35	31.58	45.75	62.55	77.25	89.85	10.5	
1981	Super G	1982	Super G	1983	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7		
Average	5.54	Average	4.34	4.94	9.14	15.44	30.14	42.74	57.44	70.04	80.54	10.5	
1980	Super G	1981	Super G	1982	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7		
Average	4.43	Average	3.64	4.03	8.23	14.53	28.71	39.73	52.33	62.83	71.23	10.5	
1978	Super G	1980	Super G	1981	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7		
Average	3.96	Average	3.13	3.54	7.74	14.04	27.69	37.14	47.64	56.04	62.34	10.5	
1977	Super G	1979	Super G	1980	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7		
Average	3.93	Average	3.13	3.53	7.73	14.03	27.16	35.03	43.43	49.73	53.93	10.5	
1976	Super G	1978	Super G	1979	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7		
Average	3.76	Average	3.13	3.45	7.65	13.95	26.55	32.85	39.15	43.35	45.45	10.5	
1975	Super G	1977	Super G	1978	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7		
Average	2.96	Average	3.13	3.05	7.25	13.55	25.62	30.35	34.55	36.65	36.65	10.5	
1974	Super G	1976	Super G	1977	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7		
Average	2.96	Average	3.10	3.03	7.23	13.53	25.08	28.23	30.33	30.33	30.33	10.5	
1973	Super G	1975	Super G	1976	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7		
Average	2.21	Average	2.54	2.37	6.57	12.87	23.90	25.47	25.47	25.47	24.42	10.5	

105		106		05/06 Average	Selection List 06 Targets							Ladies	F Factor
1989	Downhill	1990	Downhill	1991									1320
Average	9999.99	Average	7042.19	8521.09									Downhill: Oct 2005
1988	Downhill	1989	Downhill	1990	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7	100 sec race points	
Average	63.95	Average	64.42	64.19	69.47	77.39	100.49	130.19	167.15	201.47	233.15	13.2	
1987	Downhill	1988	Downhill	1989	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7		
Average	46.15	Average	45.61	45.88	51.16	59.08	81.52	109.24	143.56	175.24	204.28	13.2	
1986	Downhill	1987	Downhill	1988	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7		
Average	25.68	Average	36.82	31.25	36.53	44.45	66.23	91.97	123.65	152.69	179.09	13.2	
1985	Downhill	1986	Downhill	1987	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7		
Average	18.23	Average	27.06	22.64	27.92	35.84	56.96	80.72	109.76	136.16	159.92	13.2	
1984	Downhill	1985	Downhill	1986	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7		
Average	10.99	Average	18.61	14.80	20.08	28.00	48.46	70.24	96.64	120.40	141.52	13.2	
1983	Downhill	1984	Downhill	1985	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7		
Average	7.89	Average	9.22	8.56	13.84	21.76	41.56	61.36	85.12	106.24	124.72	13.2	
1982	Downhill	1983	Downhill	1984	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7		
Average	6.74	Average	6.86	6.80	12.08	20.00	39.14	56.96	78.08	96.56	112.40	13.2	
1981	Downhill	1982	Downhill	1983	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7		
Average	5.59	Average	5.00	5.29	10.57	18.49	36.97	52.81	71.29	87.13	100.33	13.2	
1980	Downhill	1981	Downhill	1982	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7		
Average	5.24	Average	4.52	4.88	10.16	18.08	35.90	49.76	65.60	78.80	89.36	13.2	
1978	Downhill	1980	Downhill	1981	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7		
Average	5.04	Average	4.34	4.69	9.97	17.89	35.05	46.93	60.13	70.69	78.61	13.2	
1977	Downhill	1979	Downhill	1980	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7		
Average	4.73	Average	4.25	4.49	9.77	17.69	34.19	44.09	54.65	62.57	67.85	13.2	
1976	Downhill	1978	Downhill	1979	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7		
Average	4.61	Average	3.98	4.29	9.57	17.49	33.33	41.25	49.17	54.45	57.09	13.2	
1975	Downhill	1977	Downhill	1978	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7		
Average	3.50	Average	3.83	3.67	8.95	16.87	32.05	37.99	43.27	45.91	45.91	13.2	
1974	Downhill	1976	Downhill	1977	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7		
Average	3.50	Average	3.83	3.67	8.95	16.87	31.39	35.35	37.99	37.99	37.99	13.2	
1973	Downhill	1975	Downhill	1976	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7		
Average	3.05	Average	2.94	2.99	8.27	16.19	30.05	32.03	32.03	32.03	30.71	13.2	

ENGLAND ALPINE SKI TEAM

APPLICATION FORM FOR SELECTION FOR 2006 / 07



This form asks for a comprehensive amount of information for the simple reason that we will then only have to collect the information once. This is used for planning and management.

1. ADDRESS AND CONTACT DETAILS

For all administration and correspondence we will need the details for a principal and secondary person to contact.

Athlete Name		
Principal contact Name and relationship to athlete		
Second contact Name and relationship to athlete		
	PRINCIPAL CONTACT	SECOND CONTACT
Home phone		
Home fax		
Work Phone		
Mobile		
Main E mail address		
Other e mail address		
Athlete Mobile number		
Athlete e mail address		
Postal address		
Postcode		

ENGLAND ALPINE SKI TEAM

APPLICATION FORM FOR SELECTION FOR 2006 / 07

2. ATHLETE DETAILS

SURNAME	
FIRST NAMES	
MALE / FEMALE	
Date of Birth	
FIS Licence Number	
Home Nation Governing Body And Registration Number	
Snow Club(s) or training group	
Artificial Club(s)	
Country of Residence	
Full time or part time in 2006-7	
When do you expect to be able to start taking part in a full time programme ?	

3. TRAINING AND RACING IN THE LAST 12 MONTHS

Please give an estimate of	May-Oct	Nov - Apr	TOTAL
Number of on snow training days			
Number of days racing			
Hours per week of fitness training			
Hours per week of other sports activity			
Number of days of dry slope training			

ENGLAND ALPINE SKI TEAM

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4. INJURIES

Please give brief details of any injuries that have prevented you from training as fully as you would have liked in the last 18 months.

Injury summary and approximate date	No of ski training Days lost	No of weeks until recovery

Do you currently have any injury that will prevent you from training in the next 6-12 months or any ongoing injury that is likely to recur under a heavy training load ?

N.B. If the injury will prevent participation in the training or racing programme at any time in the next 9 months please also include a letter or certificate from a Doctor indicating the nature of the injury and confirming that recovery to sufficient strength to continue training and racing is anticipated in the next 9 months.

Please give brief details below

ENGLAND ALPINE SKI TEAM

APPLICATION FORM FOR SELECTION FOR 2006 / 07

Much of our training will take place in school holidays and half terms. Please give the dates for the next academic year. These dates are very important for planning. Please be accurate and complete.

Term Dates	Term date	Available for training
Summer Term Start		
Half term start		
Half term end		
Summer Term End		
Winter Term Start		
Half term start		
Half term end		
Winter Term End		
Spring Term Start		
Half term Start		
Half Term End		
Spring Term End		

7. CURRENT COACH DETAILS

Name of principal coach	
Other coaches and clubs in 2004-5	
Other coaches and clubs in 2005-6	
Club(s)	
Main E mail	
Other E mail	
Home phone	
Work phone (if we can call you there)	
Mobile	
Fax No	
No of years worked with the athlete	

ENGLAND ALPINE SKI TEAM

APPLICATION FORM FOR SELECTION FOR 2006 / 07

8. COACHES REPORT

Please give a brief assessment the main strengths and weaknesses of the athlete under the following headings.

ATHLETE NAME

Technical Skills

Giant Slalom

Slalom

Athleticism

Mental attitude

(include if possible your assessment of aptitude, awareness of requirements and willingness to train and compete at International Level)

Please list the Main areas of improvement in 2005-6 season

1

2

3

ENGLAND ALPINE SKI TEAM

APPLICATION FORM FOR SELECTION FOR 2006 / 07

Additional comments

ATHLETE NAME

I support and endorse the application of this athlete for selection to the 2006-7 England Alpine Ski Team.

Signed

Date

NAME

CLUB

(COACHING QUALIFICATIONS)

9. Signatures

I, the athlete, hereby apply to be selected to the England Alpine Ski Team in accordance with the above details.

NAME

Signed

Date

Countersignature by Parent / Guardian if the athlete is under 18.

NAME

Signed

Date

Relationship to Athlete