



Ambition GBR Outdoor Series 2016

Races 1 & 2

At Norfolk Snowsports Club, Whitlingham Lane,
Trowse, Norfolk. NR14 8TW.

On Saturday 30th April and Sunday 1st May.

Race Bulletin No: 1 - Invitation

We invite registered racers to compete in the GBR Outdoor races to be held at Norfolk Snowsports Centre on Saturday 30th April and Sunday 1st May

This event is organised by Snowsport England. We would like to thank the management and staff of Norfolk Snowsports Club and all volunteers for their assistance, without whom there would not be a race.

The Ambition GBR Race Series brings together national domestic races across the UK with race weekends being organised by the Home Nations in England, Scotland and Wales both on indoor and outdoor artificial slopes.

The organisers would wish to thank Ambition Racing for their sponsorship of the GBR race series.
For details on the GBR race weekends and Ambition Racing sponsorship please visit www.britski.org

Entry Criteria and Acceptance

There will be a GBR race on Saturday and Sunday and each is open to racers registered with their respective home nation and meeting the age group categories eligible for oBARTS seeding for 2016 (born 2004 or earlier).

The number of entrants is limited to a maximum of 180.

In the event of the race being oversubscribed, acceptance will be determined by seed points using the Outdoor BARTS list current as at the closing date for entries.(2016.0) Racers with lower seed points will be given preference.

There will be a GBR race for U10/U12 on Saturday and Sunday.

The entry fee is **£22.00 per day**. Online entry is available via the www.ersa.co.uk/national_races website.

IF YOU ARE UNABLE TO SUBMIT AN ONLINE ENTRY, PLEASE SEND A POSTAL ENTRY AND CHEQUE TO THE RACE SECRETARY BY THE CLOSING DATE AND ADVISE THE RACE SECRETARY BY EMAIL THAT YOU HAVE POSTED YOUR ENTRY.

Entries close at 7pm on Friday 22nd April 2016.



SNOWSPORT SCOTLAND
The National Governing Body for Skiing and Snowboarding



Programme

Ambition GBR Outdoor Series Race 1 and Race 2

The race will be run as a special slalom consisting of 2 runs down two different courses. The first run will be in reverse bib order. The second and final will be in reverse time order based on the time from the first run and both must be completed.

For u10/u12 the format for the event will be 2 runs through a stubbies course, of which the fastest of the runs will count for prizes. This race is open to registered racers in the Under 10 category (YOB 2007-2008) and Under 12 (2005-2006)

Individual Dual Event – Saturday 30th April

This will be an individual dual slalom open to Female and Male competitors, U14 age group and older. The event will be restricted to the best ranked 16 Female and 32 Male racers (lowest outdoor seedpoints on oBarts Outdoor Seed List 2016.0) on the Run 1 start list for GBR race 1.

Provisional Timetable

The times given below are provisional and may alter on the day.

Please ensure you are ready to start on time and listen carefully for any announcements

Provisional timetable: Saturday

08.00	Racer Registration, bib issue
08.15 – 09.15	Open Practice
08.45	Race Officials Meeting
09.15 – 09.45	Course Set Run 1 (full poles)
09.45 – 10.15	Inspection Run 1 (Female, Male)
10.15 – 10.20	Course Set U10/U12 (Stubbies)
10.20 – 10.35	Inspection U10/U12
10.40 – 10.55	Run 1 U10/U12
10.55 – 11.00	Switch to full poles
11.00 – 11.55	Run 1 Females, Males
11.55 – 12.00	Switch to stubbies
12.00 – 12.15	Run 2 U10/U12
12.15 – 12.45	Course setting Run 2
12.45 – 13.15	Inspection Run 2
13.20 – 14.15	Run 2 Females, Males
14.15 – 14.45	Course Set Individual Dual Slalom
14.45 – 15.10	Inspection Dual Slalom
15.15 – 16.15	Individual Dual Slalom
17.00	Prize giving

Provisional timetable: Sunday

08.00	Racer Registration, bib issue
08.15 – 09.15	Open Practice
08.45	Race Officials Meeting
09.15 – 09.45	Course Set Run 1 (full poles)
09.45 – 10.15	Inspection Run 1 (Female, Male)
10.15 – 10.20	Course Set U10/U12 (Stubbies)
10.20 – 10.35	Inspection U10/U12
10.40 – 10.55	Run 1 U10/U12
10.55 – 11.00	Switch to full poles
11.00 – 11.55	Run 1 Females, Males
11.55 – 12.00	Switch to stubbies
12.00 – 12.15	Run 2 U10/U12
12.15 – 12.45	Course setting Run 2
12.45 – 13.15	Inspection Run 2
13.20 – 14.15	Run 2 Females, Males
15.00	Prize giving

Every attempt will be made to keep to the event schedule; however the organisers reserve the right to amend the schedule as appropriate.

Open Practice

On Friday evening, 29th April, the Norfolk slope will be open for Open Practice from 6.45pm to 8.45pm. Cost to non-club members will be £7.50 per person for the practice session.



Race Rules / Health & Safety

The race will be run in accordance with FIS rules as varied by SSE and published in the BACR. Please see www.gbski.com for BACR rules.

During inspection racers need to wear or carry their bib so that it is visible. This is to show that you are entitled to be in the course area.

Inspection on foot by racers is not permissible

Helmets must be worn by racers/forerunners at all times whilst on the slope.

All racers are advised to read the race manual available at: www.gbski.com / www.britski.org

Helmets- Racers are reminded of the new helmet rules, details of which can be found at:

<http://www.gbski.com/docstore/OTHER/Helmets%20for%20Alpine%20Ski%20Racing%20V4.pdf>

The U10 / U12 course will be run using stubbies and will not be seeded.

Please note coloured lubricant is NOT permitted on the slope

Gloves and long sleeved garments which also cover the midriff must be worn at all times whilst on the slope, including during open practice, course inspection and the race itself.

Awards

Awards for overall 1st, 2nd & 3rd Male & Female racers will be presented at each race.

Age group awards for 1st 2nd 3rd male & female in the following categories.

Masters	1986 and before
Seniors	1987– 1995
Under 21	1998, 1997, 1996
Under 18	2000, 1999
Under 16	2002, 2001
Under 14	2004, 2003
Under 12	2006, 2005
Under 10	2008 , 2007

Overall Series Awards will be presented following the last races of the GBR Series.

The winners will be expected to show due courtesy to the organisers by attending the prize giving. Those who do not attend without good reason lose their claim to an award.

Withdrawals

Following entry into the race, a partial refund will only be given to racers on production of a medical certificate.

Refreshments

There will be food and drink available for sale throughout the event either from the bar or from the Barbeque

First Aid

Qualified First Aid personnel will be in attendance at the race.

Photography

An accredited photographer is to be in place for the race. No other photographers will be permitted on the slope itself without prior approval by the organisers.

Racers who wish to opt out of having their photographs taken by an accredited photographer **must inform the Race Secretary prior to the day of the race.**



Race Office

The Race Office will be the Race Secretary's address until the evening of Friday 29th April 2016. It will then be located at Norfolk Snowsports Club from 8.00am on Saturday 1st May 2016.

Race Secretary

Sylvia Flahive
12 Holborn Close
St Albans
Herts
AL4 9YG
Tel: 07795 383511
Email: s.flahive@hotmail.co.uk

Chief of Race (Saturday)

Dermot Flahive
Tel: 07879 445825
Email: dermot.flahive@sky.com

SGO

Sylvia Flahive

Chief of Race (Sunday)

Andrea Grant
Tel: 07956 422839
Email: andrea@buttermoutain.com

Accommodation

If you require details of accommodation the Tourist Information Centre, The Forum, Millennium Plain, Norwich, telephone 01603 666071, after office hours 01603 761082, should be able to advise you or there is a Camping and Caravanning Club site approximately 1½ miles from the Snowsports Club, for more details please telephone 01603 620060 before 8.00 p.m.

There are a number of conveniently situated Travel Inns/Travelodge within 10 miles from Norfolk Snowsports Club.

Premier Travel Inn

Norwich Nelson City Centre	1.5mls
Norwich City Centre (Duke St)	2.5mls
Norwich Central (South)	8.8mls
Norwich Showground	8.5mls
Norwich Airport	10.1mls

Travelodge

Norwich Central Riverside	1.3mls
Norwich Central	1.4mls
Norwich Cringleford	4.3mls

Holiday Inn/Holiday Inn Express

Norwich Carrow Road	1.2mls
Norwich	2.0mls
Norwich Airport	5.5mls
Norwich Sports Village (Holiday Inn Express)	5.0mls



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Directions

Leave the A47 Southern By-Pass at the A146 exit, turn left at the first traffic lights towards the City Centre and then turn right at the second set of lights. Follow the ring road until you reach a round-about. Take the fourth exit signposted, 'Trowse'. Follow the road for approximately ¼ mile then take a left turning signposted 'Ski Slope'. Norfolk Ski slope is approximately 250yards on the right. The route to the ski slope is signposted by brown tourist signs.

