



Lothian Ski Racing Association
Midlothian Ski Centre
Hillend, Near Edinburgh
Midlothian EH10 7DU

Race Secretary
0131 448 0560
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LSRA BAIRNS AND LASSIES RACE 2011

BULLETIN & ACCEPTANCE LIST

- VENUE** Midlothian Ski Centre, Hillend, Near Edinburgh, Midlothian EH10 7DU.
- DATE** Sunday 18th September 2011 .
- ENTRIES** **94** entries have been received. 90 of which have been accepted, with 4 further entries accepted subject to verification of entry form and/or race fees. There are 60 male entrants and 34 female entrants. The acceptance lists are enclosed with this bulletin.

TIMETABLE	Bib Collection	- 9.15 am
	Course Inspection	- 9.45 am to 10.15 am
	Start of First Run	- 10.30 am
	Start of Second Run	- immediately after the first run
	Prize Giving	- 2.45 pm (approximately)

This timetable is provisional and racers/parents should ensure that they check updates on the Official Notice Board on the terrace outside the Race Office. **Bib Collection will be in the office next to the first aid room under cafe 360 on the morning of the event.**

- CATEGORIES** Medals will be awarded in the following categories to both boys and girls.
1. Children born in 1997 and 1998.
 2. Children born in 1999 and 2000.
 3. Children born in 2001 and 2002.
 4. Children born in 2003 onwards.

Trophies will be awarded to the overall boy and overall girl winners.

- School Event Categories
- 1) Boys School Section
 - 2) Girls School Section
 - 3) Mixed School Section

Finish order will be determined by taking the total of the two completed runs.

RUNNING ORDER	Girls will run first, followed by the boys. Within each of these groups the children will be in age group categories with the youngest group running first. Order within each category will be random. All children will have a second run in this race. The second run start order will be exactly the same as in the first run.
SCHOOLS RACE	All School Organisers will be required to nominate their teams on Race day prior to the start of the race. Team Members must all attend the same school or attend the primary school that feeds the secondary school. Racers can only participate in the school awards if the school is indicated on the entry form.
INSURANCE	All racers must be insured for third party liability cover for the competition. Membership of a registered Ski Club affiliated to SNSC will provide you with cover. Proof of club membership must be brought on race day. Otherwise compulsory third party liability insurance cover will be available through the Race Secretary for £4.00 on race day. Please note that LSRA is not a Ski Club.
COURSE INSPECTION	Children will inspect the course from top to bottom. Racers must not ski the course. Bibs must be worn with the number clearly displayed.
FIRST AID	First Aid Service is included in the Race Entry Fee and will be available on the day of the race at the first aid room underneath the Café. Details of Emergency Hospital access will be on the Race Notice Board.
UPLIFT	The cost of uplift is included in the race entry fee. Competitors using the uplift facilities must clearly display their race numbers when doing so.
EQUIPMENT AND SAFETY	Racers' skis must be fitted with operational ski brakes. Ski poles with ski straps and baskets will not be permitted and all poles MUST have stoppers on the ends. In the interest of racers' personal safety "cat suits" will not be permitted. Long trousers, long sleeves and gloves must be worn. All racers must wear a properly fitted and approved safety helmet appropriate for skiing during training and competitions. (The European standard for ski helmets is BS EN1077:1996 specification for Alpine skiers).

DISQUALIFICATIONS

These will be posted on the Official Notice Board on the terrace outside the Race Office following the Jury Meeting after the race. Racers will have 15 minutes from the time of posting to protest against disqualification. Any protests must be in writing, on an official form available from the Race Office which is beside the café, and be accompanied by a deposit of £20.00 which will be forfeited in the cases of protests ruled by the Jury to be unreasonable.

UNSPORTSMANLIKE BEHAVIOUR

Due to the increasing frequency of unsportsmanlike behaviour at dry slope races this year following gate faults, including carrying on to cross the Finish line, swearing and pole abuse, all TDs & Race Organisers have been reminded that sanctions are to be applied if behaviour contravenes competition rules. Please be aware that this could ultimately lead to the sanctions of 'suspension from events' (ICR 223.3.2)

VIDEO COVERAGE & PHOTOGRAPHS

It is planned to record and take photos of some of the day's racing. If you do not want your photo or images to be published, an 'Opt Out' form will be available at bib collection and at the race office. A Parent or Guardian, as well as the competitor should sign this. Forms should be returned to the Race secretary no later than the start of Course Inspection.

SKI SERVICING:

Racers are reminded that hot waxing is NOT permitted within any of the Ski Centre buildings.

CATERING: Hot drinks and food will be available for purchase at the 360 Cafe.

RACE OFFICE, JURY ROOM AND OFFICIAL NOTICE BOARD

Will be situated in the building at the bottom of the main ski slope beside the Cafe.

Simon Bingham
Chief of Race

Race Secretary - Kevin Livingstone
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LIST OF ENTRANTS FEMALES

Aldridge	Iona	F	2003	Ardvreck Primary
Allan	Phoebe	F	2004	Alford Primary
Allan	Tabitha	F	2000	Alford Primary
Allan	Amelia	F	2001	Alford Primary
Anderson	Grace	F	2002	George Heriots
Barker	Emily	F	1998	Beeslack High
Brown	Karoleha	F	2002	St Margarets Aberdeen
Clarke	Jemma	F	2001	Watsons
Findlay	Sophia	F	1999	Craigclowan
Fowler	Isla	F	2000	Lochgilphead
Griffin	Eleanor	F	2001	Mary Erskine School
Hadden	Beth	F	1997	George Heriots
Hosie	Rowena	F	2000	George Heriots
Inwood	Morgan	F	2001	St Georges
Jackson	Laura	F	1997	Hermitage Academy
Jamieson	Emily	F	2000	Mary Erskine School
Lawrie	Alannah	F	1999	Watsons
MacPherson	Claire	F	2000	Mary Erskine School
Price	Rhona	F	1999	Hermitage Academy
Rankin	Shona	F	2003	Longridge Towers
Reed	Jemima	F	2003	Mary Erskine School
Ross	Iona	F	2003	Craigclowan
Ross	Becca	F	2000	George Heriots
Ryan	Eilidh	F	2000	Dalmeny
Sandland	Louise	F	2001	Watsons
Skinner	Caroline	F	1998	Mary Erskine School
Spence	Rachel	F	2003	Whitdale Primary
Taylor	Kate	F	1997	Mearns Castle High School
Taylor	Rhiannon	F	1998	?
Tennant	Emma	F	1998	George Heriots
Ward	Isla	F	2004	St Cadocs
Yeaman	Charlotte	F	1997	Kinross High
Young	Clara	F	2002	Mary Erskine School
Young	Alice	F	2001	Mary Erskine School

LIST OF ENTRANTS

MALES

Aldridge	Charlie	M	2001	Ardvreck Primary
Anderson	Ewen	M	2000	George Heriots
Andrews	Greg	M	1997	Beeslack High
Andrews	Keir	M	1998	Beeslack High
Barker	Thomas	M	1999	Beeslack High
Bingham	Sion	M	1997	Balfron High
Buchan	Scott	M	1999	Strathallan
Buchan	Fraser	M	1997	Strathallan
Burrow	Gregor	M	2002	Watsons
Comerford	Joseph	M	2000	Boroughmuir
Crockart	Tom	M	2000	High School of Dundee
Cross	Jack	M	1998	Craigclowan
Dillon	Grant	M	1997	Beaconhurst
Dow	Lewis	M	2003	Dulloch Primary
Ferrier	Kieran	M	1997	St Columbas Kilmacolm
Flockhart	Ben	M	2003	Buckstone
Flockhart	Sam	M	1998	Boroughmuir
Gibson	Cameron	M	2001	Stewarts Melville
Greenshields	Andrew	M	1999	Watsons
Greenshields	Duncan	M	2002	Watsons
Griffin	Max	M	1999	Stewarts Melville
Gumley	Louis	M	2001	Stewarts Melville
Hay	Adam	M	2001	Dummikier
Henderson	Lucas	M	2003	Chadderton Hall
Hunt	Thomas	M	1999	George Heriots
Innes	Elliot	M	1997	George Heriots
Johnston	Finlay	M	1999	Broughton High
Johnston	Logan	M	2000	South Morningside primary
Keith	Mathew	M	1998	Beeslack High
Kick	Ewen	M	1997	Hermiage Academy
Kuwall	Duncan	M	1998	James Young High
Livingstone	Lewis	M	1999	Beeslack High
Livingstone	Zak	M	2003	Roslin Primary
Mackay-Champion	Durness	M	2001	craigclowan
Mackay-Champion	Appin	M	1999	craigclowan
Mackechnie	Archie	M	2003	Dunblane High
MacPherson	Stuart	M	1998	Stewarts Melville
McHugh	Liam	M	1997	St Aloysius
McRobb	Cameron	M	2000	Boroughmuir
Middleton	Fraser	M	1998	Glasgow Academy
Morris	Christopher	M	2000	Stewarts Melville
Patterson	Ross	M	1999	George Heriots
Rankin	Charles	M	2001	Longridge Towers
Reed	Aidan	M	2001	Biggar Primary
Reed	Lewis	M	2001	Mary Erskine School
Rofe	Thomas	M	1998	Perth High School

Ross	Lyle	M	1999	Craigclowan
Rudd	David	M	1999	George Heriots
Sandland	Alasdair	M	2000	Watsons
Sandland	Jamie	M	2003	Watsons
Speir	Henry	M	1999	Boroughmuir
Spence	Matthew	M	2000	Whitdale Primary
Vinter	Owen	M	2001	Mearns Castle High
Vinter	Zak	M	1998	Mearns Castle High
Waitt	Stuart	M	1999	George Heriots
Waitt	Scott	M	2000	George Heriots
Ward	Thomas	M	2002	St Cadocs
Wilson	Carter	M	2001	South Morningside
Wright	Dewar	M	1999	Watsons
Yeaman	Robert	M	2001	Port Moak Primary

PLEASE REMEMBER THAT ALL RACERS MUST BE INSURED FOR THIRD PARTY LIABILITY COVER FOR THE COMPETITION. MEMBERSHIP OF A SKI CLUB WILL PROVIDE YOU WITH THIS COVER

AND YOU MUST BRING PROOF OF CURRENT SKI CLUB MEMBERSHIP WITH YOU TO BIB COLLECTION.

IF YOU DO NOT HAVE A CURRENT MEMBERSHIP AND DID NOT PAY FOR INSURANCE WITH YOUR ENTRY YOU CAN TAKE OUT INSURANCE COVER FOR THE RACE AT A COST OF £4.00 WHICH MUST BE PURCHASED AT BIB COLLECTION.

NO INSURANCE, NO RACING. IT'S FOR YOUR OWN SAFETY.



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SCHOOL TEAM ENTRY FORM

SCHOOL NAME: _____

Please circle Team Type

Boys Team Girls Team Mixed Team

Please specify Team names (minimum 3 racers):

TEAM MEMBER	M/F	BIB
1		
2		
3		
4		

NAME OF TEAM ORGANISER: _____

- **Team Members must all attend the same school or feed to the secondary school**
- **Three Team Members must each successfully finish both runs for the Team to qualify.**
- **For the Mixed Team category the 3 finishers must include both genders.**