

Selection Criteria and processes for entry and inclusion to the British Children's Ski Team Annual Programme

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1.0 Introduction

SnowsportGB aims to identify a clear performance pathway, with defined selection criteria and a process for selection to the appropriate age categories, and follow this process to select athletes qualifying for the British Children's Alpine Ski Teams.

The objective of the British Alpine Ski teams is to support a long-term performance pathway, the development of athletes and the delivery of programmes to produce World Class performances.

1.1 Aim

The aim of this document is to identify the selection criteria and process for selection to the British Children's Alpine Ski Teams. Criteria are laid out within the age group categories as defined by the International Ski Federation (FIS) and identified within this document.

The aim of this policy is to provide a fair pathway and clear selection criteria and selection process. Policies and procedures will be reviewed on an annual basis.

1.2 Remit

Selection committees are appointed by the SnowsportGB board and are tasked to select the British Teams to take part in the programmes for this age category as defined by FIS.

1.3 Formation and Members of Selection Committee

The Chairman of the selection committee may invite others with specialist knowledge to contribute for part of a meeting depending on the availability of individual members and the specific areas for which it is selecting. Committee members should be free from external conflicts of interest in the selection process.

SnowsportGB Children's Alpine Selection Committee

Chairman: To be appointed
Children's Team Head Coach Phil Brown
English National coach Tim Fawke
Scottish National coach Sam Liddell
Welsh National coach Robin Kellen
BARSC Representative Marc Telling

2.1 SnowsportGB Children's Team

The objective of the SnowsportGB Children's Programme is to ensure that selected athletes access programme elements that are suitable for their level of preparation and performance. The Children's team programme aims therefore to provide an advanced level of training and competition within a strong peer group environment.

SnowsportGB Children's Team Programme

Athletes who reach the acceptance criteria will be invited to participate in the Children's Team programme. This programme will deliver appropriate elements of training and competition. The Children's team aims to bring together the best children to train and learn in a strong peer group environment. Athletes will only be accepted to elements of the Children's programme if their athlete monitoring log and coach's report indicates it appropriate.

Annual Programme Details

The GB Children's Team Annual Programme includes a Summer Training Camp, an October Training Camp and representation at international Children's races. There are also fitness elements, including fitness testing and education for young athletes.

SnowsportGB approved Children's Programmes

If athletes are unable to participate in one or more elements of the Children's Team Programme, they should submit an updated *athlete-monitoring log* outlining activities and development details in order to remain within the remit of the programme. Such external elements will be subject to approval by the Alpine Executive.

Athlete Monitoring Log

The Athlete's Monitoring Log must include a record of previous annual programmes, future programme plans, activities, results, growth measurements and a coach's assessment of development and progress. The Athlete's Monitoring Log is to be submitted during the first stage of the selection process, or later if required as a result of inability of a selected athlete to follow elements of the SnowsportGB Children's Team programme.

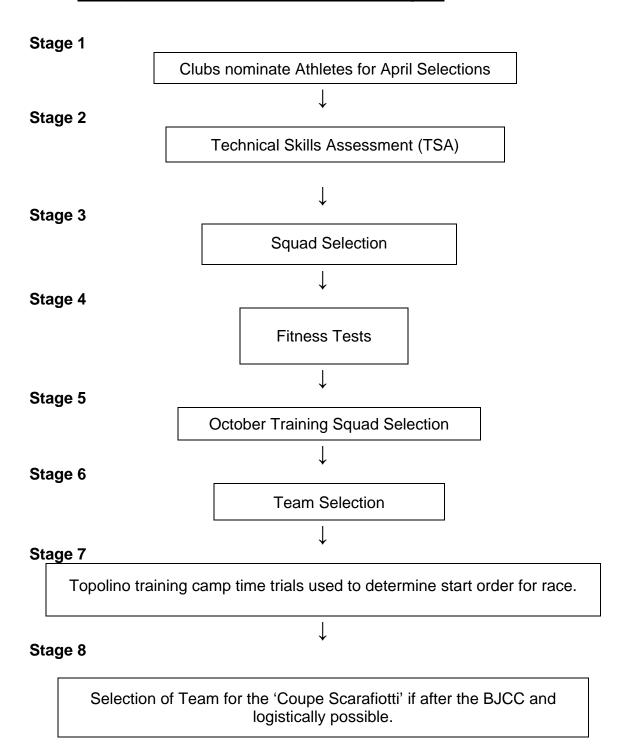
Time Trial format

Time trials will be run by the coaches on the October camp and will follow the Time Trial format as defined in Appendix A1 below.

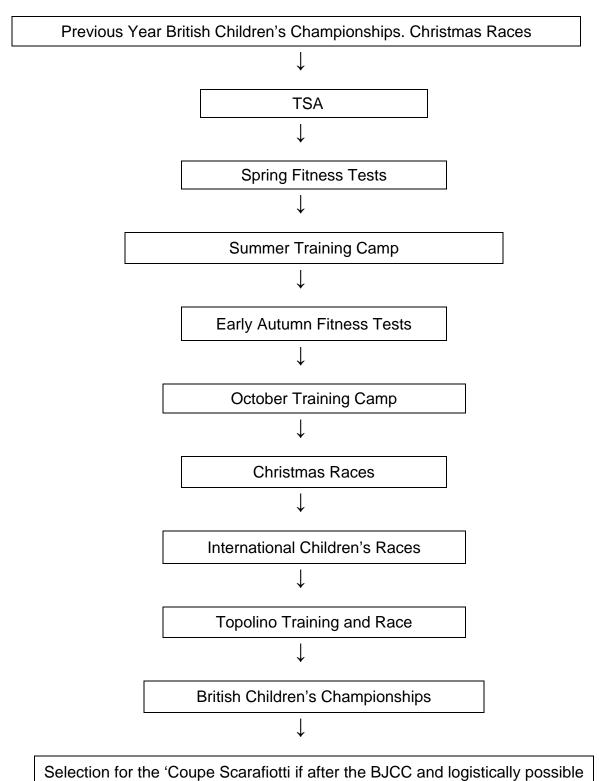
Fitness Tests and Targets

These will be published as a separate document.

2.2 SnowsportGB Children's Selection Process Diagram



2.3 SnowsportGB Outline Children's Team Programme



Selection for the Coupe Scaranotti if after the BJCC and logistically possible

2.4 Timetable and Explanation of Selection Process

Stage 1

Clubs nominate athletes for Selection

- Clubs nominate their athletes by email on the "Snowsport GB Children's nomination form*" from 1st
 February. Acceptance lists will be published around 1st March. Late entries possible (on coaches'
 recommendations), but these must reach SnowsportGB at least 24 hours before the first Team
 Captains' Meeting of the British Championships (BJCC). (N.B. This may be a meeting for Juniors'
 races).
- A coach report, athlete-monitoring log and outline programme for the forthcoming year must accompany all nominations.
- Results from the previous British Children's championships and either BARSC, Welsh or Scottish Races should be considered for nomination.
- All nominated athletes should meet the minimum requirement of level 3 in the SnowsportGB field tests during the summer/autumn. Athletes who have not previously met level 3 or who have not been previously tested may be selected on a trial basis. (Clubs are encouraged to run fitness tests, as unless the athlete has been previously selected, selectors will not be aware of their fitness level)

Stage 2

Technical Skills Assessment (TSA)

To take place at the British Children's Championships, run by SnowsportGB. To be eligible for stage three athletes must take part in the TSA.

Selectors reserve the right to refuse all nominations not backed up by a minimum of one top 8 placing in the relevant year of birth at the British Children's Championships.

Stage 3

British Children's Squad Selection (April/ May)

- Selection is based on performance in the TSA as stage 2 and on performance at the British Children's Championships
- Number of athletes selected to be based on split in the scores of the TSA.
- There will be no target score due to variations in snow conditions.
- The cut-off level of TSA scores agreed by the selection panel and % behind the winner will be published with the selections.
- All athletes who won a discipline overall at the British Children's championships and athletes who won a discipline on adjusted results* will be invited to join the British Children's Squad.
- All selected athletes will be invited to the spring and early autumn fitness tests.
- All selected athletes will be invited to the summer training camp.
- All selected athletes will be invited to a minimum of one international race.
- Consideration of submitted "SnowsportGB approved Children's Programmes" to be passed on to the Alpine Executive for consideration.

Stage 4

Fitness Tests

All selected athletes will be invited to the Spring and early Autumn Fitness tests.

Athletes that do not reach the minimum requirement of level 3 in the SnowsportGB field tests will not be invited to the October Camp.

^{*}Nomination forms may be downloaded from the SnowsportGB website after 31st January.

^{*} Adjusted results based on forthcoming season's age categories.

Stage 5

October Training Squad Selection (after 31st August)

- Best 12 athletes (from the squad selected in April/May) in the Summer Technical Skills Assessments, provided they achieve level 3 in the SnowsportGB field tests.
- All athletes who won a discipline (overall, or on adjusted results based on the forthcoming season's
 age categories) at the British Children's championships, provided they achieve level 3 in the
 SnowsportGB field tests.
- Selection of Race allocations for early season races (for logistical reasons).
- All athletes selected to the summer squad who are not present at the Summer Training Camp must submit a video of the TSA skills agreed with Children's Team Head Coach by the 31st August in order to be considered for selection to the October Camp.

Stage 6

Team Selection (early January)

- Further selection of athletes to squad based on performance in BARSC, Welsh Championships and Scottish Christmas/New Year Races in current season.
- Allocation of remaining international starts to be decided.

Selection for Topolino Team to be based on:

- a) Performance in Christmas races
- b) October time trials to be used in case of discrepancies (in that order).

Stage 7

Topolino Training camp time trials used to determine start order for races.

• Time trials on the preparation camp will determine start order with fastest running first, second running second etc.

Stage 8

Possible selection of Team for the Coupe Scarafiotti or other late international competition – if after the BJCC and logistically possible. (At BJCC)

2.5 Minutes of selection meetings will be supplied to the Alpine Executive.

2.6 Exceptional Circumstances

In exceptional circumstances, special consideration may be given to athletes who are unable to follow the required protocol for extraordinary circumstances, including force majeur. Such instances will be referred to the Alpine Executive for consideration and decision.

3.0 Appeals Process

The SnowsportGB appeals processes are structured to conform to UK Sport guidelines. All appeals must be made in writing, with accompanying evidence and additional information to the SnowsportGB office.

Appeals must be made within two weeks of the announcement of the teams.

All appeals will be considered on an individual basis. Appeals will first be reconsidered by the original selection committee, who will explain their reasons for the decision to the athlete. If the athlete is not happy with the process or the outcome of the selection committee's final decision, then the athlete may opt to refer the matter to an internal appeals committee.

The SnowsportGB appeals chairman will constitute an internal appeals committee made up of at least three people who did not sit on the original selection committee.

If the dispute remains unresolved, it will be submitted for an exclusive, final and binding determination to the Sports Dispute Resolution Panel (SDRP). SnowsportGB understands that both parties will to undertake and to execute in good faith any decision of the SDRP.

Appendix A.1: Time Trial Formats

Grand Prix points

Time trials will be run by the coaches of all groups involved using portable timing and will follow the Time Trial format. Time trials will take place for each discipline as conditions and athlete performance status dictate.

- Children's time trials will normally be judged by the Grand Prix points system (below)
- Athletes for each time trial will be given an equal number of attempts with the fastest 2 times counting from each stage of the time trials.
- Number of stages of time trial will vary between 2 and 4 depending on number of disciplines being selected for and weather / snow conditions.
- Athletes will be ranked according to their fastest times and points awarded as per the SnowsportGB Grand Prix points table.
- Grand prix total points for each stage of the time trials will count for race qualification and start order when appropriate.
- Special consideration will only be given to athletes receiving minor injuries during a programme element with time trials.

SnowsportGB Time Trial Grand Prix Points table									
Finish position	Points awarded								
1	20								
2	15								
3	11								
4	8								
5	6								
6	5								
7	4								
8	3								
9	2								
10	1								
11 and greater	0								
Points will not be allocated if tim	ne is over 8% behind winning time								

Percentage behind Winner format

Time trials will be run by the coaches of all groups involved using portable timing and will follow the Time Trial format. Time trials will take place for GS and other disciplines as conditions and athlete performance status dictate.

- Athletes for each time trial will be given an equal number of attempts with the fastest 2 times counting from each stage of the time trials.
- Number of stages of time trial will vary between 2 and 4 depending on number of disciplines being selected for and weather / snow conditions.
- Athletes will be ranked according to their fastest times and the 2 fastest times from each stage added together to give total time.
- Percentage behind the fastest total time will be used.
- Special consideration will only be given to athletes receiving injuries during a programme element with time trials.

Percentage behind Winner format Calculation formula

In order to calculate the percentage behind the winner the 2 fastest times will be used to give the ranking and total time for each athlete. The athlete ranked 1 will be the winner in this case and all other athlete total times calculated as a percentage of the winner's total time.

Formula

Athlete total time - Winner's total time = Time difference

(Time difference / Winner's total time) x 100 = Percentage behind Winner.

For example:

Winner's time: 40.00 sec Athlete A: 42.00 sec

Time difference (42.00 - 40.00) = 2.00 seconds

Percentage Behind winner: (2.00 / 40.00) X 100 = 5.00%

Value will be calculated to 2 decimal places. Where percentage behind is stated in Selection criteria, Maximum 2% will be 2.00% or less.

Appendix A.2 SnowsportGB Technical Skills Assessment

Aims & Objectives

- 1. The Technical Skills Assessment is to use a variety of skiing conditions and tasks for assessment of the technical skiing basics of athletes, and their ability to adapt to different snow conditions and terrain, through adjustment of position, ski pressure and rhythm.
- Club programmes should expose young skiers to the conditions, tasks and situations as described in the assessment protocol. This will act as a tool for guidance of club programmes and individuals wishing to progress within the SnowsportGB structure and as a training tool the assessment criteria will assist in developing good technical basics for athletes
- 3. The principal objective of the SnowsportGB Technical Skills Assessment is to ensure a full development of athletes. The Technical Skills Assessment is to be used along with physical assessment and competition performance as described in the Alpine Physical Assessment criteria and the Alpine Competition Criteria.

Protocol:

- Athletes will be nominated and selected to the technical skills assessment as described in the SnowsportGB Selection policy.
- Athletes nominated and selected will carry out the Technical Skills Assessment at the British Junior & Children's championships.
- Athletes will be required to carry out Assessments A,B & C relative to age group:

Athletes entering Children1 & Children 2 Assessment A, B & C Athletes entering Junior 1 Assessment A & B

Assessment will be carried out by SnowsportGB coaching staff, including the BCST Head Coach.

Format:

The Technical skills Assessment is to be carried out, on snow, through 3 skiing assessments

Assessment A: Free Skiing: Adaptation to terrain & snow conditions

2 from the following 6 tasks will be assessed

Control of turn size and shape in varied terrain

Task 1 Short to long Radius: steep to flat Task 2 Long to short radius: steep to flat Task 3 Long to short radius: flat to steep

Control of turn size and shape in unprepared snow

Task 4 Unprepared snow: constant short radius turns Task 5 Unprepared snow: constant long radius turns Task 6 Unprepared snow: Long to short radius turns

Short Radius = 6 - 10mLong Radius = 18 - 25m

Assessment B: **Technical Drills: Timing & co-ordination**

2 from the following 5 drills will be assessed

Drill 1 Short turns on one foot Drill 2 Long turns on one foot Drill 3 Turning with 3 steps Drill 4 Turning on the outside ski

Short swings Drill 5

Assessment C: Stubby Corridor: Turn size & rhythm adjustment

2 from the following 5 tasks will be assessed

Task 1 Rhythm change med / long Task 2 Rhythm change short / long

Task 3 Long radius turns Medium radius turns Task 4 Task 5 Short radius turns

Protocol: Assessment A:

Assessment A: Free Skiing: Adaptation to terrain & snow conditions

The free skiing element of the assessment will take place in 2 of the following 3 conditions and parameters in Table 1.

Table 1. Free skiing conditions

Condition	Terrain and Snow condition parameters
1.	200 – 300m. piste with marked terrain change from steep into flat around mid point, marked by a single gate.
2.	200 – 300m. Prepared piste with marked terrain change from flat into steep around mid point, marked by a single gate.
3.	200 – 300m. Unprepared piste of reasonably constant gradient, or off–piste if conditions and staff appropriate. Mid point marked by a single gate.

Assessors will allocate pistes on which to carry out the assessment. Details will be given at the beginning of each assessment.

Pistes may be selected for Children and Juniors separately, with steeper gradients and greater degrees of terrain change for junior assessments.

Athletes must perform a variety of short and long radius turns in the terrain and snow conditions as specified in table 2.

Short radius turns (6 – 10m radius) Long radius turns (18 – 25m radius)

During each assessment athletes perform, and will be assessed on, 2 from the 6 tasks as specified in table 2. Athletes will only be told which tasks will be performed at the beginning of the assessment.

Each task will be demonstrated first by a SnowportGB nominated senior team athlete, or by a coach nominated by the BCST Head Coach.

This athlete/coach will perform each task as a baseline for assessors to standardise their scoring.

Table 2.Free Skiing: Adaptation to terrain and snow conditions

Task	Conditions	Objective	Guidelines	Scoring			
Short turns to long turns. Changing at mid way marker.	1.	Rhythmical short turns of constant radius, changing to rhythmical long turns of constant radius at the mid way marker. Change of rhythm must be apparent for both turn radius and speed.	Athletes must maintain technically sound skiing in the basic position;	Athletes will be scored out of 10 for each task.			
From long turns to short turns. Changing at mid way marker.	1.	As above with long turns to short turns	Neutral alignment Balanced over the feet	10 will be set as the score performed by a SnowsportGB nominated senior team athlete			
From long turns to short turns. Changing at mid way marker.	2.	As above	Equal flexion of all lower limb joints	representative who will perform all assessments.			
Constant short radius turns	3.	Rhythmical short turns of constant radius	Angulation as appropriate	Assessors will consider rhythm, control of speed, ground speed, basic position			
5. Constant long radius turns	3.	Rhythmical long turns of constant radius	Athletes should use				
6. Long radius turns into short radius turns. Changing at mid way marker.	3.	Rhythmical long turns of constant radius, changing to rhythmical short turns of constant radius at the mid way marker	turn shape and body position to control speed, without skidding the skis.	& adaptation to terrain.			

Protocol: Assessment B:

Assessment B: Technical Drills: Timing & Co-ordination

The Technical drills element of the assessment will take place on prepared pistes nominated by the assessors at the outset of the assessment, within the guidelines specified in table 3.

Table 3. Technical drills conditions

Age group	Terrain and Snow condition parameters
Children 1.	Prepared piste of low gradient slope
Children 2.	Prepared piste of constant medium gradient slope
Junior 1. (1 st yr only)	Unprepared piste with gradient varying between low and medium.

During each assessment athletes perform, and will be assessed on, 2 from the 5 drills as specified in table 4. Athletes will only be told which tasks will be performed at the beginning of the assessment.

Each drill will be demonstrated first by a SnowportGB nominated senior team athlete or coach. This athlete/coach will perform each drill as a baseline for assessors to standardise their scoring.

Table 4. Technical Drills: Timing and co-ordination

Drill	Technical Specifics	Parameters	Scoring
Drill 1. Short turns on one	 10 linked short turns on 1 foot, followed by 10 linked short turns on the other foot 	Successful turns are counted as every carved turn within a	Athletes will start with 10 marks. Each un-successful turn will result in a 1/2 point
foot	To change from one ski to the other, one turn will be allowed before scoring starts for the next 10 turns Stubbies will be set between 8 & 12 m as a guideline for turn radius.	radius of 8 – 12m. Each time the other ski touches the snow or the ski is skidded, the turn will not be counted.	being deducted.
Drill 2. Long turns on one foot	5 linked long turns on 1 foot, followed by 5 linked long turns on the other foot To change from one ski to the other, one turn will be allowed before scoring starts for the next 5 turns Turns must be carved, with a radius between 18 – 25m. The drill should be completed in 180 to 250m	As above	Athletes will start with 10 points. Each un-successful turn will result in 1 point being deducted.
Drill 3. Turning with 3 steps	 5 linked turns within the parameters set by the piste. Turns should be finished completely. Each turn should start from the point of crossing the fall tine. During each turn athletes should so 3 steps from the outside ski to the inside ski. step 1 before the fall line step 2 in the fall line step 3 after the fall line 	Successful steps are counted as steps where athletes: Clearly and dynamically shift from outside ski to inside ski. Skis stay parallel throughout step. Step onto middle of ski. Step onto inside edge. Turns should be linked	Athletes will start with 10 points. Each turn before the fall line will count as 1/2 mark. The turn in fall line and turn after fall line will count together as a 1/2 point. Each unsuccessful step before the fall line will result in a 1/2 point being deducted. Unsuccessful turn either on or after the fall line will result in a 1/2 turn being deducted.

Protocol: Assessment B (continued):

Assessment B: Technical Drills: Timing & co-ordination (cont'd)

Table 4. Technical Drills: Timing and Co-ordination (cont'd)

Drill 4.					
Turning on the outside ski	10 linked turns on the outside ski. Changing skis at the point of crossing the fall line.	Successful turns will be counted as turns where:	Athletes will start with 10 points. Each unsuccessful turn will result in 1 point being deducted.		
	Inside ski should be clearly off the snow	Inside ski stays off the ground throughout the turn.			
	throughout the turn. Inside ski tip can cross the outside ski tip slightly.	There is no hesitation while changing skis.			
		Inside ski tail should be higher than the ski tip.			
Drill 5.					
Short swings	10 short swings.	Successful short swings will be counted when:	Athletes will start with 10 points.		
	Skis should be turned in the air with clear and correct pole plant to manage timing	Skis are clearly turned across the fall line in the air.	Each unsuccessful turn will result in 1 point being deducted.		
		There is no noticeable pause between turns.			
		Pole plant is in the correct place and at the right time.			

Protocol: Assessment C:

Assessment C: Stubby Corridor: Turn size & rhythm adjustment

Stubby corridor will be set on a medium gradient of constant slope. Gates set with 6-8 metre horizontal offset and 8m vertical distance.

During each assessment athletes perform, and be assessed on, 2 from the 5 tasks as specified in table 5. Athletes will only be told which tasks will be performed at the beginning of the assessment. Each task will be demonstrated first by a SnowportGB nominated senior team athlete or coach. This athlete/coach will perform each task as a baseline for assessors to standardise their scoring.

Table 5. Free Skiing: Adaptation to terrain & snow conditions

Task	Objective	Guidelines	Scoring		
Task 1.	4 turns inside the corridor followed by 4 turns crossing to the outside of the corridor.	Turns inside the corridor should be linked turns of medium radius and rhythm.			
Rhythm change med / long	Corridor should be used as a set of parallel lines. Not as a course.	Turns outside the corridor should be linked turns of long radius and rhythm.	Athletes will be scored out of 10 for each task.		
	3 short turns on the right side of the corridor around 3 stubby gates, followed by one long turn to the left side of				
Task 2.	the corridor, 3 short turns on the left side of the corridor	3 short rhythmical turns on either side of the corridor	10 will be set as the score performed by a SnowsportGB nominated senior		
Rhythm change short / long	around 3 stubby gates. Repeat till end of the corridor	should be linked with one long turn to cross the corridor.	team athlete representative who will perform all assessments.		
	(first turn must pass to right hand side of right corridor to ensure 3 turns leads you to the other side of the corridor)				
Task 3. Long radius turns	Turns to the outside of the corridor always round 2 stubby gates	Turns should be long and rhythmical with good control of speed.	Assessors will consider rhythm, control of speed,		
Task 4. Medium radius turns	Turns around every second stubby on alternate sides	Turns should be rhythmical and of medium / long radius.	ground speed, basic position & turn radius.		
Task 5. Short radius turns	Turns around every stubby on one side of the corridor	Turns should be of a fast rhythm and high speed			

SNOWSPORTGB ALPINE SKIING SELECTION POLICY & CRITERIA

Appendix A.3: Technical Skills Assessment Selection Scorecard

	off / unprep piste								Corridor Drills															
Athlete	Rhythm		Position	<u> </u>	Adaptation		Speed control		Rhythm		Position		Speed control		1 ski long tums 1 Ski Short Turns		3 Step Turns		Achieved Possible		Achieved	Possible	comments	
1	10		10		10		10		10		10		10		20		20		20	0	30	0	100	
2	10		10		10		10		10		10		10		20		20		20	0	30	0	100	
3	10		10		10		10		10		10		10		20		20		20	0	30	0	100	
4	10		10		10		10		10		10		10		20		20		20	0	30	0	100	
5	10		10		10		10		10		10		10		20		20		20	0	30	0	100	
6	10		10		10		10		10		10		10		20		20		20	0	30	0	100	
7	10		10		10		10		10		10		10		20		20		20	0	30	0	100	
8	10		10		10		10		10		10		10		20		20		20	0	30	0	100	
9	10		10		10		10		10		10		10		20		20		20	0	30	0	100	
10	10		10		10		10		10		10		10		20		20		20	0	30	0	100	
11	10		10		10		10		10		10		10		20		20		20	0	30	0	100	
12	10		10		10		10		10		10		10		20		20		20	0	30	0	100	
13	10		10		10		10		10		10		10		20		20		20	0	30	0	100	
14	10		10		10		10		10		10		10		20		20		20	0	30	0	100	
15	10		10		10		10		10		10		10		20		20		20	0	30	0	100	
16	10		10		10		10		10		10		10		20		20		20	0	30	0	100	
17	10		10		10		10		10		10		10		20		20		20	0	30	0	100	
18	10		10		10		10		10		10		10		20		20		20	0	30	0	100	
19	10		10		10		10		10		10		10		20		20		20	0	30	0	100	
20	10		10		10		10		10		10		10		20		20		20	0	30	0	100	
Assessor								Signature					Role				Date							
																					_			
Location	on	Sn	ow con	ditio	ns													Slo	pe					